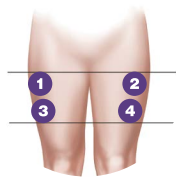


# Your Acthar<sup>®</sup> Gel (repository corticotropin injection) calendar

Keep track of the date, area, and site of each Acthar injection.

Record where you have injected Acthar by circling the injection area (A to F) that you use for each injection. If you use injection area A or E and rotate the site of your injection, you should also circle the number (1 to 4) that corresponds with the site you used.

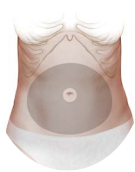
## Subcutaneous



**A** Upper thigh



**C** Upper arm

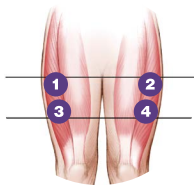


**B** Abdomen



**D** Back of arm

## Intramuscular



**E** Upper-outer thigh



**F** Upper arm



Do you need to reorder Acthar?

Call Acthar Patient Support  
at **1-888-435-2284**

## SELECT IMPORTANT SAFETY INFORMATION

You should NOT take Acthar before talking to your doctor if you have any of these conditions: a skin condition called scleroderma, bone density loss, any infections, herpes simplex of the eye, had recent surgery, stomach ulcers or history of stomach ulcers, heart failure, uncontrolled high blood pressure, have been given or are about to receive a live or live attenuated vaccine, or have allergies to pig-derived proteins. Tell your doctor if you are pregnant or plan on becoming pregnant.

Please see **Indications and additional Important Safety Information on last page,** and the full **Prescribing Information** at [Acthar.com](http://Acthar.com).

Month:

SUN	MON	TUES	WED	THURS	FRI	SAT
ABCDEF 1234	ABCDEF 1234	ABCDEF 1234	ABCDEF 1234	ABCDEF 1234	ABCDEF 1234	ABCDEF 1234

Notes:

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Notes:

ABCDEF 1234	ABCDEF 1234	ABCDEF 1234	ABCDEF 1234	ABCDEF 1234	ABCDEF 1234	ABCDEF 1234

Notes:

**Successes, challenges, side effects, and notes for my doctor:**

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Please see Indications and Important Safety Information on last page, and the full [Prescribing Information](#) at [Acthar.com](#).

## Acthar® Gel

(repository corticotropin injection) [AK-thar jel]

### What is Acthar Gel?

Acthar Gel (repository corticotropin injection) is a prescription medicine used for:

- The reduction of proteinuria in people with nephrotic syndrome of the idiopathic type (unknown origin) without uremia (accumulation of urea in the blood due to malfunctioning kidneys) or that due to lupus erythematosus (lupus)
- Treatment for adults with acute relapses or flares of multiple sclerosis (MS). Studies have shown Acthar Gel to be effective in speeding recovery from an MS relapse. However, there is no evidence that Acthar affects the ultimate outcome or natural history of the disease
- Treatment of severe acute and chronic allergic and inflammatory conditions affecting different parts of the eye. This can include the front part of the eye such as the cornea and iris, or the back part of the eye such as the optic nerve and retina
- Treatment for people with symptoms of sarcoidosis
- Treatment for flares or on a regular basis (maintenance) in people with systemic lupus erythematosus (lupus)
- Treatment for flares or on a regular basis (maintenance) in people with dermatomyositis or polymyositis (DM-PM)
- Adjunctive therapy for short-term administration (to tide patients over an acute episode or exacerbation) in: psoriatic arthritis (PsA); rheumatoid arthritis, including juvenile rheumatoid arthritis (selected cases may require low-dose maintenance therapy); ankylosing spondylitis

Acthar is injected beneath the skin or into the muscle.

## IMPORTANT SAFETY INFORMATION (CONTINUED)

Acthar is injected beneath the skin or into the muscle. It should never be injected into a vein.

Acthar can cause side effects similar to those with steroid treatments. It can cause adrenal gland changes which may cause symptoms of Cushing's syndrome.

People on steroids or with Cushing's syndrome may experience: increased risk of infections; an increase in upper body fat, rounded "moon" face, bruising easily, or muscle weakness; increased blood pressure, body salt, and fluid; unpredictable response to vaccines; stomach or intestinal problems; changes in mood or behavior; worsening of other medical conditions; eye problems; or allergic reactions. Tell your doctor if you experience any of the above symptoms. Also tell your doctor about any other health problems you have and about all medicines you are taking.

Taking Acthar may mask symptoms of other diseases and may cause bone density loss at any age.

The most common side effects include: fluid retention, changes in blood sugar, increased blood pressure, behavior and mood changes, and changes in appetite and weight.

Specific side effects in children under 2 years of age include: increased risk of infections, increased blood pressure, irritability, symptoms of Cushing's syndrome, cardiac hypertrophy (thickening of the heart muscle), and weight gain.

The above side effects may also be seen in adults and children over 2 years of age.

### **These are not all of the possible side effects of Acthar.**

Tell your doctor about any side effect that bothers you, or that does not go away. Call your doctor or pharmacist for medical advice about side effects. You may report side effects to the FDA. Call 1-800-FDA-1088 or visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch). You may also report side effects by calling 1-800-844-2830.

**Please see full [Prescribing Information](#) at [Acthar.com](#) for additional Important Safety Information.**



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**Acthar® GEL**  
(repository corticotropin injection) 80 U/mL

*Patient Support*